



Training and Collegiate Programs in the Human Services: Career Development Opportunities in the Delaware Valley

Introduction

Careers in the human services field offers many rewards: the satisfaction of supporting people in need; the opportunity to earn a good living, the support of other workers with similar commitments; and the sense of professionalism as you learn new ways of working every day. One of the most effective pathways to becoming a valued human service professional – whether you are just entering the field or have been there long enough to know how much more there is to learn – is to take advantage of one of the outstanding human services training programs available throughout the Delaware Valley.

With the support of funding from the Pennsylvania Department of Labor & Industry, District 1199C Training and Upgrading Fund has made this brief guide to area training and collegiate programs for human services available to help you find the right program to meet your particular needs. The information provided here can only get you started: before entering a program and committing yourself to the time and money any of these programs might involve, you need to explore each program more fully. We may have missed a few programs in our search and some of the information that is offered here may be out-of-date by the time you are reading this, but this guide does provide a way to get you started. We have not included information on the costs of most programs, since costs frequently change and depend upon the schedule of the individual student. Many of these programs offer flexible scheduling options, to suit the needs of a variety of students. For both costs and schedules, contact the program directly.

If you are thinking about entering the human services field for the first time, these programs may be able to offer you the credentials or degrees to find just the right ‘entry-level’ job you need, or provide a way for you to develop a new base of knowledge and skills you will find helpful even if you have already begun in your new position. If you have been in the field a while, these programs may help you to develop a more skilled approach, or the credentials you need to move forward field. All of these programs offer an opportunity for you not only to improve the quality of care you offer to people in need but also to develop a sense of yourself as one of the invaluable ‘direct care professionals’ our nation’s human services systems rely upon to deliver competent and compassionate care.

One of the most rewarding aspects of the human services field is the quality of the people in it: consumers of services who can teach you about life and the strength needed to live a good one, co-workers who approach their demanding work with both a sense of compassion and a commitment to quality, and the effective and encouraging instructors you will meet in these training programs. We wish you the best of luck in moving your career into high gear.



Click on this
symbol next to
the training
program for
web access.



District 1199C Training and Upgrading Fund / Philadelphia University

Certificate in Behavioral Health / Associate in Science: Health and Human Services

*District 1199C Training and Upgrading Fund
Land Title Building – 10th Floor
100 S. Broad Street
Philadelphia PA 19110
Cheryl Feldman
215.568.2220
www.1199ctraining.org*

*Philadelphia University
Office of Continuing and Professional Studies
School House Lane & Henry Avenue
Philadelphia, PA 19144-5497
Ellen Kolodner
215.951.2900*

General Information:

Through a cooperative agreement between the District 1199C Training and Upgrading Fund and Philadelphia University's Office of Continuing and Professional Studies, students can combine technical coursework and training with academic coursework from Philadelphia University to attain a Certificate in Behavioral Health and/or an Associate in Science: Health and Human Services. All courses are offered at the center city location of the Training and Upgrading Fund. Interested students should contact District 1199C Training and Upgrading Fund for information regarding enrollment in the Behavioral Health Technician program.

Credentials Offered:

Philadelphia University Certificate in Behavioral Health: the prerequisites for entry into this program include a high school diploma or GED certificate and successful completion of the 1199C Behavioral Health Technician Program. Upon successful completion of Philadelphia University coursework, students are awarded 21 academic credits as a specialized portfolio of academic work in recognition of the training they received through the District 1199C Training & Upgrading Fund Behavioral Health Technician Program. The Certificate in Behavioral Health is awarded when a student successfully completes nine specified academic credits at Philadelphia University (Writing Seminar I, Introduction to Psychology, and Interpersonal Relations and Small Group Dynamics) in addition to completing the Behavioral Health Technician Training Program.

Associate in Science: Health and Human Services: students who have completed the Certificate program (above), or any other behavioral health technical training program that has an articulation agreement with Philadelphia University, can earn a 60 credit Associate in Science Degree in Health and Human Services by completing additional academic credits through successful completion of specific Philadelphia University coursework. Courses include core competencies and specialized courses in behavioral health-related topics.

Schedules:

These programs are of particular interest to students who are already working in the field, courses are offered the morning and the evening to accommodate student's needs.

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Bucks County Community College **Associate of Arts Degrees in Psychology**

275 Swamp Road
Newtown, PA
215.968.8060
wallacem@bucks.edu
<http://www.bucks.edu>

General Information:

Bucks County Community College offers two different programs within its Liberal Arts Division, both focusing on aspects of psychology, within a flexible time-frame that suits individual students.

Credential Offered:

Both programs are Associate of Arts Degrees:

The Psychology AA Program (60 credit hours) is a pre-professional major designed to expose students to professional psychology and prepare them for four-year programs in other academic institutions.

The Psychology Life Skills Emphasis (62 credit hours) is designed for students who plan to concentrate their studies on applied psychology, and prepares students for work or continuing their education.

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Community College of Philadelphia **Human Services Certificate and Degree Programs**

1700 Spring Garden Street
Philadelphia, PA 19112
215.751.8010
admissions@ccp.edu
<http://ccp.edu>

General Information:

Community College of Philadelphia (CCP) is one of four community colleges in the Delaware Valley, but by far the largest and the one with the most varied courses and programs. CCP offers five different programs of interest to human services workers: One two-year Associate Arts program in Behavioral Health and the Human Services, and five different one-year certificate programs, in Disability Studies, Addiction Studies, Youth Work, and a general Human Services certificate.

Credentials Offered:

An AA Program in Behavioral Health and the Human Services: this curriculum is designed for students interested in working with people in need, and offers the opportunity to study human behavior and human development. Students will develop the skills needed to work one-on-one and in group settings, they will develop the value base from which they will practice, and they will learn about the standards and ethics of the helping professions, with work in a multi-cultural settings a major part of their study and field placements. Graduates are prepared to work in alcohol and drug rehabilitation facilities, behavioral health agencies, geriatric centers, youth programs, criminal justice facilities, and schools.

Students entering the program must be eligible to enter English 101 through either the completion of developmental English courses or by a demonstrated level of performance on the College's placement exam. The program is designed both for students seeking to enter the human services upon graduation and those already working in the field: students can earn the 63 credit AA on a full-time or part-time basis, days, evenings or weekends. The course costs \$112 per credit for Philadelphia residents.

One-Year Certificate Programs: each of the following certificate programs are open to all interested students, but all students must take the College placement exam, and students identified as needing developmental course work must satisfactorily complete these prior to program entry.

The Disability Studies Certificate is designed to prepare Students for work as social and human service assistants, community specialists, rehabilitation counselor assistants, and personal and home care aides. Students will develop both theoretical knowledge and a wide range of practical skills that will allow them to effectively provide services in the disabilities field.

The Addiction Studies Certificate offers training for jobs as addiction counselors, case management specialists in the field of chemical dependence, alcohol, nicotine and gambling. Students come from diverse backgrounds – with and without other degrees – and bring with them various levels of understanding and expertise in the assessment and treatment of substance abuse.

The Family Home Visiting Certificate prepares students for home visits to clients needing counseling, including those facing barriers to independent life, those needing parenting skills, the elderly who need support services, and those at high risk for abuse. Graduates work as home health aides, hospice care workers, and community outreach workers.

The Youth Work Certificate prepares students for careers in youth services, as youth service workers and youth development personnel. Courses in this program address adolescent growth and behavior, approaches to practice in family and community settings, and includes a practicum of 12 weeks in a youth service agency under the supervisor of the course instructor and site administrator.

The Human Services Certificate program is both for persons who want to expand their career options and those who want to enter the field. Key courses in behavioral health and human services are offered, along with an introduction to addictions, disabilities, gerontology, and youth work, and concentrations may be made in either Child Abuse/Family Violence or Crisis Intervention fields.

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Delaware County Community College **The Associate in Science Program in Behavioral Science**

610.359.5050
abd@dccc.edu
<http://www.dccc.edu>

General Information:

DCCC serves both Delaware and Chester County residents, with community campuses throughout the two county area.

Credential Offered:

Associate in Science

Emphasis:

The Behavioral Science two-year Associate in Science program is designed for students who plan to continue their education and earn at least a Bachelor's degree in a behavioral science field such as psychology, sociology, or anthropology. The program develops knowledge about human thought and behavior, in both individual and collective settings. It prepares students to delve more deeply into variables such as heredity, environment and learning that influence human behavior.

Schedule:

The program provides 62 – 66 credit hours, and most credits are applicable to a four-year BA for students who continue their education.

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Drexel University – Goodwin College of Professional Studies **Behavioral Health Counseling**

*Goodwin College
Drexel University
One Drexel Plaza
3001 Market Street, Suite 100
Philadelphia, PA 19104
Jacqueline Wiseley
215.762.7190
saturdayscholars@drexel.edu*

General Information:

The Bachelor of Science (B.S.) in Behavioral Health Counseling is offered through the Saturday Scholars program, designed for working students with their associate's degree or other college experience, and allows them to balance the challenges of education, family life and work by completing their behavioral health counseling BS entirely on Saturdays at an accelerated pace. One course is in the morning from 8 a.m. until 11:50 a.m. and another in the afternoon from 1 until 4:50 p.m. Each course is six weeks long. The program has been effective both for those new to the field or who may already be working, and both those who only seek to complete a B.A. and those who later on intend to pursue a master's degree in a related field.

Credential Offered:

The Goodwin College program offers an opportunity for students with college experience to complete a fully accredited four-year Bachelor of Science degree. Graduates will have 180 course credits.

Emphasis:

The curriculum in behavioral counseling incorporates biological, psychological, and social science courses with cutting edge research and technologies that support practical applications, particularly with regard to competencies in clinical behavioral health services for people with mental illnesses and substance abuse disorders. Students may select courses that emphasize psychiatric rehabilitation, prevention and treatment of substance disorders, children and adolescent behavioral health-care services, or related community behavioral health services.

Schedules:

All classes are offered on Saturdays.

Entrance Requirements:

All students must have either an Associate's degree or some other college experience from a Middle States Accredited Institution and a 2.5 grade point average. The Goodwin College recommends the program to students who find it fulfilling to help people and who seek hands-on experience in the behavioral health-care field.

**Metropolitan Career Center**
The Direct Care Program

162 Chelton Avenue
Philadelphia, PA 19144
215.568.9215
Mara Lipschutz
mlipschutz@mcc2000.org
<http://mccweb-gt.org>

General Information:

MCC is a well-established social services agency offering a wide range of entry-level training programs for low-income and disadvantaged students. With centers in both Germantown and Center City Philadelphia, MCC offers, in addition to its Direct Care Program, training in other health care and technology fields.

Credential Offered:

A Certificate of Completion

Emphasis:

MCC's Direct Care Program helps to meet the critical need for caring, motivated professionals interested in providing long-term care to consumers, including people who are elderly, chronically ill, or living with disabilities. MCC graduates become part of a valued and well-trained direct care workforce that can meet consumers' demands for high-quality paraprofessional healthcare services. Training includes focused instruction on consumer confidentiality, nutrition, writing skills for direct care professionals, medical terminology, etc. – all part of the skills needed by a growing direct care professional workforce. The course work includes a practicum developed in collaboration with area employers. Graduates work as residential counselors, direct care professionals, and personal care assistants, etc.

Schedules:

MCC's offers its standard Direct Care Program as a six-week, 180 hour program, with a Monday-to-Friday (9 am to 4 pm) schedule. The course can also be designed to meet the needs of particular employers who want a customized training opportunity for their own employees.

Entrance Requirements:

Applicants must have a high school diploma or GED, must pass a criminal background check and a valid driver's license is preferred, but not required. Many incoming students already have some experience working in the human services environment.

Costs:

Title IV Financial aid is not available. Tuition is paid for those qualified.



Montgomery County Community College **Certificate / AA Degree Programs in Human Services, Drug and Alcohol Studies, Gerontology, Child Youth and Family**

Central Campus
340 DeKalb Pke
Blue Bell, PA 19422
215.641.6300

West Campus
101 College
Pottstown, PA 19464
610-718-1850

www.mc3.edu
Diane Haar, Coordinator
dhaar@mc3.edu

General Information:

Montgomery County Community College (MC3) has both a central campus in Blue Bell and a west Campus in Pottstown. MC3 offers the following programs of study: four one-year general certificates in human services, drug and alcohol, gerontology and child youth and family as well as three two year Associate Degree programs in Human Services, Drug and Alcohol and Gerontology.

Credentials Offered:

The Certificate in Human Services is designed to prepare graduates for entry-level human services careers in a variety of community settings. The certificate provides sufficient flexibility to meet the needs of both beginning students and those already working in the human services field. The graduate should be able either to obtain entry-level work or continues with further education toward an Associates degree in the Human Services. Course work includes an introduction to psychology and sociology, and the theories of group and individual counseling, along with an extensive practicum. Study includes 33 total semester credit hours.

The Human Services AAS Program is designed to prepare graduates for careers as human service workers in mental health agencies, mental retardation programs, drug and alcohol services, and public and private schools for the handicapped, programs for the elderly, and other human services settings. A graduate will have a broad knowledge of different populations and interventions, as well as demonstrate the skills needs to deal with contemporary human problems. Courses in psychology and sociology are complemented by

courses on individual counseling, group counseling, and several practicums. Study includes 68-69 credit hours.

The Drug & Alcohol Studies Certificate and AAS Option are designed to prepare graduates for human services careers in programs, facilities, and agencies concerned with treating and/or preventing drug and alcohol abuse or addiction. The programs are very similar to the Human Services Certificate and AAS program described above, except for its emphasis on addictions treatment and prevention programming.

The Gerontology Certificate and AAS Option are designed to prepare graduates for human services careers in programs, facilities, and agencies concerned with the aging population. The programs are very similar to the Human Services Certificate and AAS program described above, except for its focus on the older adult.

The Certificate in Child Youth and Family concentrates on preparing students to work with a variety of populations including youth who may be at risk, neglected or abused, foster families, court involved families, emotionally, academically and/or physically challenged youth.

Schedules:

Scheduling is flexible and is geared toward working and non-working students. Students may enroll on a part time or full time basis. Courses are offered in fall, spring and summer sessions. Many required courses are offered on-line.



Orleans Technical Institute **The Human Services Program**

2770 Red Lion Road
Philadelphia, PA 19114
215.728.4733
Debbie Bello, Director of Admissions
Debbie.Bello@jevs.org
<http://www.orianstech.edu>

General Information:

Orleans Technical Institute is a part of the Jewish Educational and Vocational Services, a community agency with a wide range of services for disabled and disadvantaged children and adults, available in locations throughout the region.

Credential Offered:

A Diploma in Human Services. Completion of the program provides credits that can often be used toward an AA – a two-year Associate’s Degree – at Philadelphia University and the Community college of Philadelphia, among others.

Emphasis:

The Human Services Program teaches students the skills required to enter the helping field, providing instruction of working with diverse populations at risk. The course work includes a focus on basic counseling skills, case management methods, and effective intervention strategies. Students learn about various populations in need of services: those with mental illnesses or developmental disabilities, the homeless and those with HIV/AIDS, substance

abusers, ex-offenders, and the elderly. The course work includes a 60 hour practicum in a human services setting, for 10 hours a month. Graduates often work in entry-level positions as case managers, job developers, youth advocates, program aides, residential workers, and community support specialists.

Schedules:

Students can choose between a six month daytime program and evening classes. The daytime program runs for 24 weeks, 30 hours per week, Monday through Friday. The evening program runs for 50 weeks. Both comprise 720 hours of training, and either will earn successful graduates 38.5 credits they may be able to apply toward a two-year Associates Degree.

Entrance Requirements:

Applicants must be 21 years or older and have a high school diploma or GED; in addition, graduates must test at a 9th grade reading and 7th grade math level.



Penn State – Delaware County

Associate Degree in Human Development and Family Studies

25 Yearlsley Mill Road

Media, PA 19063

610.892.1432

Dr. Cynthia Lightfoot

DE-HDFS@PSU.EDU

http://www.de.spu.edu/Academics/Deg/assoc_hdfs.htm?cn21

General Information:

At Penn State's Delaware County Campus, in Media, the University offers a two-year Associate Degree in Human Development and Family Studies that integrates practical academic experiences providing students with entry-level competence in the human services fields. Credits earned through this program should be transferable to the baccalaureate HDFS degree program for students who wish to continue toward a B.A.

Credential Offered:

Associate Degree in Science in Human Development and Family Services, for which a minimum of 60 credits is required.

Emphasis:

The objective of the HDFS program is to offer a general education background, a knowledge base in life span and family development studies, and a core of professional skills that may be applied in program planning and service delivery activities. There are three major optional emphases within the program: a) Adult Development and Aging Services, preparing students for service roles in mental health facilities, nursing homes and other institutions for the elderly, public welfare and family service agencies, etc.; b) Children, Youth and Family Services, preparing students for service roles in preschools, day care centers, hospital and community programs for children and youth with emotional problems, and other youth and family service settings; and c) Early Childhood Care and Education, designed to increase professional capabilities in child care training around the issues of quality, affordability, and accessibility of programming.

Schedules:

The major is offered part-time, in the evening, and through independent learning.

Entrance Requirements:

Applicants must have a high school or general equivalency diploma.

**University of Medicine and Dentistry of New Jersey (UMDNJ)
Programs in Psychiatric Rehabilitation**

*UMDNJ – School of Health Related Professions
1776 Raritan Road
Scotch Plains, NJ 07076
908.889.2431
barretnm@umdnj.edu
<http://shrp.umdnj.edu>*

General Information:

UMDNJ – with campuses throughout New Jersey – offers a variety of unique training programs in Psychiatric Rehabilitation, one of the core services offered to individuals with serious mental illnesses. The one-year certificate program and the two-year Associate's program are focused upon here, but the school also offers BA and Master's level programs in psychosocial services. Psychosocial Rehabilitation professionals provide supports and services in community settings, such as residential, partial, and supported employment programs.

Credentials Offered:

Certificate in Psychiatric Rehabilitation: the program is an 18 credit program delivered in weekly classes, some of which can be taken online, and include courses on the principles of psychiatric rehabilitation, communication techniques, therapeutic communication, group dynamics and process, and a clinical practicum. Applicants must have a high school diploma or GED.

Psychosocial Rehabilitation Associate of Science Program: this program offers a two-year AS degree: applicants begin by applying to 'affiliate' programs in New Jersey, and work toward a total of 61 to 63 credits to graduate, half in general education courses and half specifically focused on psychosocial rehabilitation. Applicants must have a high school diploma or GED.